

**APRIL 23RD – APRIL 28TH 2018**

<b>ITEM</b>	<b>Special Price/100g</b>
<b>PEANUT BUTTER, Regular or Natural, Smooth or Crunchy</b>	<b>\$0.79</b>
<b>PUMPKIN SEEDS, Raw</b>	<b>\$0.90</b>
<b>12 BEAN SOUP MIX</b>	<b>\$0.49</b>
<b>BROWN RICE, Long Grain</b>	<b>\$0.36</b>
<b>ORGANIC BUCKWHEAT FLOUR, Certified</b>	<b>\$0.55</b>
<b>BEEF SOUP BASE, No MSG</b>	<b>\$0.63</b>
<b>SESAME SEEDS</b>	<b>\$0.51</b>
<b>VEGETABLE FLAKES, Dehydrated</b>	<b>\$1.15</b>
<b>WHOLE WHEAT FLOUR, Coarse</b>	<b>\$0.20</b>
<b>BLACK BEANS</b>	<b>\$0.37</b>
<b>POTATO CHIPS, Sweet Chili &amp; Sour Cream</b>	<b>\$1.69</b>
<b>HUNGARIAN PAPRIKA</b>	<b>\$1.69</b>

***NEW*** – 2KG, 3KG & 5KG BAGS ALL READY TO GO – SAVINGS UP TO 35%

DISCOUNT DAYS – TUESDAYS AND THURSDAYS! GET 10%  
DISCOUNT ON ALL BULK FOOD ITEMS, INCLUDING WEEKLY SPECIALS

CHECK IN WEEKLY FOR SPECIALS @ [WWW.SPRINGFIELDBULKFOODS.CA](http://WWW.SPRINGFIELDBULKFOODS.CA)  
OR 'LIKE' US ON FACEBOOK @ [WWW.FACEBOOK.COM/SPRINGFIELDBULKFOODS](http://WWW.FACEBOOK.COM/SPRINGFIELDBULKFOODS)