

**NOVEMBER 13TH – NOVEMBER 17TH 2018**

<b>ITEM</b>	<b>Special Price/100g</b>
<b>BROWN FLAXSEED, Whole</b>	<b>\$0.27</b>
<b>CHIA SEED, Black</b>	<b>\$0.89</b>
<b>BASMATI RICE, White</b>	<b>\$0.69</b>
<b>OAT BRAN, Fine</b>	<b>\$0.39</b>
<b>CHOCOLATE BAKING WAFERS, Dark, Milk or White</b>	<b>\$0.89</b>
<b>GLAZED CHERRIES, Red, Green or Assorted</b>	<b>\$1.19</b>
<b>FRENCH GREEN LENTILS</b>	<b>\$0.65</b>
<b>ORGANIC WHITE FLOUR, Unbleached, Certified</b>	<b>\$0.39</b>
<b>HIMALAYAN ROCK SALT, Fine</b>	<b>\$0.56</b>
<b>COUNTRY WILD RICE MIX</b>	<b>\$0.67</b>
<b>MINCEMEAT, No Suet</b>	<b>\$0.59</b>
<b>EPSOM SALT</b>	<b>\$0.33</b>

**\*\*CLOSED MONDAY, NOVEMBER 12 IN RECOGNITION OF REMEMBRANCE DAY\*\***

**NEW – 2KG, 3KG & 5KG BAGS ALL READY TO GO – SAVINGS UP TO 35%**

**DISCOUNT DAYS – TUESDAYS AND THURSDAYS! GET 10%  
DISCOUNT ON ALL BULK FOOD ITEMS, INCLUDING WEEKLY SPECIALS**

**CHECK IN WEEKLY FOR SPECIALS @ [WWW.SPRINGFIELDBULKFOODS.CA](http://WWW.SPRINGFIELDBULKFOODS.CA)  
OR 'LIKE' US ON FACEBOOK @ [WWW.FACEBOOK.COM/SPRINGFIELDBULKFOODS](http://WWW.FACEBOOK.COM/SPRINGFIELDBULKFOODS)**