

**MARCH 25TH – MARCH 30TH 2019**

<b>ITEM</b>	<b>Special Price/100g</b>
<b>WHOLE BROWN FLAXSEED</b>	<b>\$0.26</b>
<b>CASHEW PIECES, Raw</b>	<b>\$2.29</b>
<b>ORGANIC BUCKWHEAT FLOUR, Certified</b>	<b>\$0.51</b>
<b>TEXAS CHILI BEAN MIX</b>	<b>\$0.49</b>
<b>NUTRITIONAL YEAST FLAKES</b>	<b>\$3.19</b>
<b>ROASTED SUNFLOWER SEEDS, Salted or Unsalted</b>	<b>\$0.76</b>
<b>GINGER SLICES, Crystallized</b>	<b>\$0.99</b>
<b>COCONUT OIL</b>	<b>\$1.29</b>
<b>CORN MEAL, Yellow, Coarse</b>	<b>\$0.21</b>
<b>VEGETABLE FLAKES, Dehydrated</b>	<b>\$1.15</b>
<b>ORGANIC MILLET, Hulled, Certified</b>	<b>\$0.39</b>
<b>GARLIC POWDER</b>	<b>\$1.29</b>

***NEW*** – 2KG, 3KG & 5KG BAGS ALL READY TO GO – SAVINGS UP TO 35%

DISCOUNT DAYS – TUESDAYS AND THURSDAYS! GET 10%  
DISCOUNT ON ALL BULK FOOD ITEMS, INCLUDING WEEKLY SPECIALS

CHECK IN WEEKLY FOR SPECIALS @ [WWW.SPRINGFIELDBULKFOODS.CA](http://WWW.SPRINGFIELDBULKFOODS.CA)  
OR 'LIKE' US ON FACEBOOK @ [WWW.FACEBOOK.COM/SPRINGFIELDBULKFOODS](http://WWW.FACEBOOK.COM/SPRINGFIELDBULKFOODS)